

CLMRG SUGGESTED SUMMER CLASS EQUIPMENT CHECKLIST

Summer Class Wednesday Field Sessions:

Helmet: required for Climbing and Rappelling sessions (UIAA approved)
Boots, medium weight
Climbing shoes (optional)
Shirt, with long sleeves
Trousers, roomy
Sun hat
Sun glasses, with strap
Watch
Compass, especially for the Navigation class
Water, 1 quart

Summer Class Day Trips:

Items above (helmet may be required, climbing shoes not necessary)
Ten Essentials (see Table 2-2, page 35, 8th Edition)
Ditty Bag: w/e.g. knife, flashlight, extra batteries, toilet paper, sunblock, Chapstick, bug repellent, whistle, lighter or waterproof matches, etc.
Map, or copy with route marked on it
Bandanna/Handkerchief
Water bottle(s) - probably need 2 quarts (can use recycled plastic bottles)
Water treatment (optional, depending on location of the trip)
Lunch/snacks for the day
First Aid Kit - moleskin, Band-Aids, Aspirin, etc.
Parka, for wind/rain, with hood
Gloves
Warm hat or balaclava
Jacket or other insulating layers to go under your parka for warmth

Summer Class Overnight Trips:

Items above
Ditty Bag: add e.g. toothbrush, comb & soap
Long Johns, polypro
Poncho, especially if your parka is not waterproof
Ground cloth, to go under your insulating pad
Insulating pad for under your sleeping bag
Sleeping bag, compressible enough to carry
Spoon
Cup, non-breakable
Bowl, non-breakable (can get by with just a multiuse cup)
Summit pack, (optional, to be used on summit day)
Food: enough for trip & a bit extra, items that only require the addition of hot water
Cook set: stove, fuel and pots, normally group items and shared with your cook pool.
Bivy bag or tent, tent can be shared, depending on its size